



IMA TELlicherry NEWS LETTER – MAY 2019

ORGANIZATIONAL ACTIVITIES

10.05.2019: Condolence meeting

A condolence meeting was held on the sad occasion of the death of our member Dr.Beena K Nair. A condolence resolution was passed.

10.05.2019: Executive Meeting

Executive committee was held at IMA hall on 10.05.2019. President welcomed the gathering.32 members attended the meeting.



15.05.2019: District Committee Meeting

- District Committee Meeting at IMA Hall Thalassery. Dr.Anoop Koshy (Chairman, District Committee) presided over the function. Branch Presidents from various Branches of Kannur Dist attended the meeting. The meeting was mainly organized for discussing and formulating our views on Clinical Establishment Bill. Dr.Anoop Koshy, Dr.Babu Raveendran, Dr.Pradeep, Dr.Rajeev Nambiar, Dr.Aboobacker, and Dr.Lalith actively participated in the

discussion. Vote of thanks was proposed by Dr.Johnny Sebastian.



- There was a meeting on Clinical Establishment Bill at the DMO Office Kannur on 16-05-2019. The meeting was presided by JAMO Dr.Santosh B.Dr.Rajeev Nambiar attended the meeting. He put forward strong views and many apprehensions of IMA regarding the implementation of clinical establishment bill in Kannur Dist.



19.05.2019: Managing committee Meeting

Dr.Dilnath Kallat, Dr.Sanjeev Kumar, Dr.Shaji S and Dr.Pradeep Kumar attended the Managing committee Meeting at Kunnamkulam.

22.05.2019: Ifthar Sangamam

An Ifthar party was organised at IMA Hall during the Holy month. Sri. Basheer

Pattayalthaazham gave the Ifthar Sandesham.



ACADEMIC ACTIVITIES

26.05.2019: State Working Committee Meeting.

Dr. Babu Raveendran T N (Past National Vice President IMA KSB), Dr. Gopeenathan P, Dr. Surendra Babu V P, Dr. Sasidharan K, Dr. Pradeep Kumar, Dr. Anoop Koshy Mathew, Dr. Rajeev Nambiar (President, IMA Thalassery), and Dr. Shaji S attended the SWC Meeting at Trivandrum.

29.05.2019: IMA Thalassery conducted a CME on “Feeding a Sick Patient” by Dr. Jijo V Cherian, MD, DM, Senior Consultant Gastroenterologist, Starcare Hospital, Calicut. Rajeev Nambiar C K presided over the meeting. 44 members attended the meeting.



29.05.2019: General Body Meeting

The **General Body Meeting** was held on 29.05.2019 at IMA Hall Thalassery at 8.00 pm. Dr. Rajeev Nambiar presided over the meeting. 34 members attended the meeting.

SOCIAL ACTIVITIES

Medical Checkups & Camps

28.05.2019: Anemia Detection camp

IMA & WIMA Thalassery conducted an Anemia Detection Camp for Pregnant Ladies and mothers at Tellicherry Co-operative Hospital on 28th May 2019. Dr. Mini

Balakrishnan(Vice President IMA) conducted the camp.



Health Education

28.05.2019: As a part of International Women's Health Day IMA & WIMA Thalassery conducted an **awareness class on EAT Healthy** at IMA Thalassery. Mrs.Sujala, Dietician, Co-op Hospital,Thalassery took the class. The class was followed by an interactive session.



TRAINING PROGRAMME

05.05.2019: BLS Training Programme

Kannur District Ambulance Drivers Union in Association with INTEK(IMA KSB Trauma Initiative) and Thalassery IMA as a part of inauguration of "Snehasparsham" Charitable Trust, conducted BLS and First Aid Training for Ambulance Drivers in Kannur District at Thalassery. Programme was inaugurated by Thalassery MLA A.N.Shamseer. Director Aster MIMS

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Kannur, Other Hospital Representatives, CITU District President Sreedharan and other trade union leaders were present on the occasion. Training was led by Dr.Nadeem Abootty. Meeting was attended by more than 50 ambulance drivers.



27.05.2019:Immunisation Training Programme

A Three Day Immunisation Training for Medical Officers from the health Service Department was conducted by DMO(HQ).Classes were taken by Dr.Johnny Sebastian (Secretary IMA Thalassery)



12.05.2019: BLS Training Programme for Nurses and Para Medical Staff

As a part of International Nurses Day IMA Thalassery conducted a Two Day BLS Training Programme for Nurses and other Para Medical Staff at Co-operative Hospital,

Thalassery. Programme was co-ordinated by Dr.Sakkariya P P.



OBSERVATION OF IMPORTANT DAYS

12.05.2019: International Nurses Day

As a part of International Nurses Day IMA Thalassery conducted a Two Day BLS Training Programme for Nurses and other Para Medical Staff at Co-operative Hospital, Thalassery. Programme was co-ordinated by Dr.Sakkariya P P.



15.05.2019: International Family Day

As a part of International Family day, IMA &WIMA Thalassery organized WIMA FAIR- a platform to showcase the artistic and business talents of WIMA members. Stalls for painting, dress materials, Chocolates and Cakes, Snacks, face painting, mehendi were there along with some interesting games.



28.05.2019: International Women's Health Day

As a part of International Women's Health Day WIMA Thalassery conducted an awareness class on EAT Healthy at IMA Hall Thalassery. Mrs.Sujala, Dietician, Co-op Hospital,Thalassery took the class. The class was followed by an interactive session.

31.05.2019:No Tobacco Day

Distributed Pamphlets:

- IMA Thalassery observed No Tobacco Day distributed pamphlets at the bus stand, railway station, General Hospital and all private Hospitals and clinics in Thalassery and around Thalassery.
- As a part of observing No Tobacco Day IMA Thalassery in association with Panoor panchayath, ICDS & Love India Charitable Trust, Thalassery Branch organised an **Awareness Class** at Panoor

Block Panchayath Office, Panoor. The programme was inaugurated by Sri.N Anoop (President, Panoor Block Panchayath). Dr.Rajeev Nambiar (President IMA Thalassery) presided over the function. Class was taken by Dr.Sajith Babu T P, ENT (OncoSurgeon), Malabar Cancer Centre, Thalassery. Around 250 people attended the function.

- IMA&WIMA Thalassery in association with Panoor panchayath, ICDS & Love India Charitable Trust, Thalassery Branch organised **No Tobacco Rally** at Panoor. Rally was flagged off by Sri.N Anoop (President, Panoor Block Panchayath). The huge rally was attended by around 350 people Dr.Rajeev Nambiar, Dr.Sajith Babu TP & Dr.Neethu Shyam Mohan attended the rally.



- IMA&WIMA Thalassery in association with Panoor

panchayath, ICDS & Love India Charitable Trust, Thalassery Branch conducted a **street play** at Panoor Panchayath Hall premises to promote awareness on Tobacco.



- IMA Thalassery along with Health Service Department observed the No Tobacco Day on 31.05.2019 by organizing a Poster Exhibition and Awareness Class on the ill effects of smoking at CHC Pinarayi. Awareness class was taken by Dr.Johny Sebastian, Secretary IMA Thalassery.



- IMA Thalassery along with Tellicherry Co-operative Hospital observed the No Tobacco Day on 31.05.2019 by organizing a Poster Exhibition on the ill effects

of smoking at Tellicherry Co-operative Hospital. No Tobacco day awareness pamphlets were distributed.



- IMA took part in district level No Tobacco Day Programme at Kannur. The programme was inaugurated by Minister Sri Ramachandran Kadannapally. Dr Rejna Dilnath (WIMA Thalassery) gave a talk on 'Say No to Tobacco'. 40 people attended the function and took the pledge. No Tobacco day awareness pamphlets were distributed.



SPECIAL PROJECTS OF THE BRANCH

**IMA Pain & Palliative Care Society
& Pain Clinic at Govt. General
Hospital Thalassery**

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This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

Association with other Organisations

05.05.2019: Kannur District Ambulance Drivers Union in Association with INTEK(IMA KSBTrauma Initiative) and Thalassery IMA as a part of inauguration of “Snehasparsham” Charitable Trust, conducted BLS and First Aid Training for Ambulance Drivers in Kannur District at Thalassery. Programme was inaugurated by Thalassery MLA A.N.Shamseer. Director Aster MIMS Kannur, Other Hospital Representatives, CITU District President Sreedharan and other trade union leaders were present on the occasion. Training was led by Dr.Nadeem Abooty. Meeting was attended by more than 50 ambulance drivers.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

05.05.2019: Annual Day Function- IGH

Dr.Rajeev Nambiar (IMA President) was the Chief Guest of the function. More than 2000 people including 175 doctors participated in the annual day function. Dr.Rajeev Nambiar was the Chief Guest and he delivered the keynote address and emphasised the need of small scale hospitals in rural medical care. 10 senior doctors in and around Thalassery were honoured for their dedicated service in the rural area.

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Programme was followed by various stage performances by the doctors and staff.



22.05.2019: WIMA Thalassery visited Snehakoodu

WIMA Thalassery visited Snehakoodu, a home for destitute women above 60 years of age. We distributed bed sheets, disinfectants and nutritional supplements to the inmates. WIMA members interacted with the inmates and spend some time with them. Dr.Sithara, Dr.Radhika, Dr.Radha T V, Dr.Radha V, Mrs.Soniya Pushparaj, Dr.Sujatha and Dr.Maya jithin attended the programme.



31.05.2019: IMA Thalassery observed No Tobacco Day distributed pamphlets at the bus stand, railway station, General Hospital and all private Hospitals and clinics in Thalassery and around Thalassery.